

**FIFTH ANNUAL JOHN LEMIEUX MEMORIAL TOURNAMENT**  
April 14th, 2007 Althouse College, University of Western Ontario, London, Ontario

**SELF DEFENCE COMPETITION**

**PROCEDURE.**

- There will be 5 judges if possible, and must be at least 3.
- Competitors perform one at a time, on mats provided.
- Each competitor approaches the judges with their attacker and states their name to make sure the timekeeper has the right slip.
- Competitors perform five techniques.
- After bow at end, competitor turns around for the judges scores.

**SCORING:**

Grade performance on the following:

- Proper attitude, including neatness, answer, bow, and presentation.
- Timing of movements.
- Smoothness, grace and 'harmony' of movements.
- Maintaining control, posture, and balance.
- Follow through of pin or control of attacker.
- Realism of performance.
- Effectiveness of techniques.
- Degree of difficulty, including accounting for type of weapon(s).
- Age and belt level.
- Proper return at end, bow, and turn around for scores.
- Take off half a point if competitor falters noticeably or fails to control the technique.

Note: all competitors should be scored relative to the first competitor, and a judge should not be influenced by what other judges score. Judge how well the student has learned what their instructor taught, not just what each judge considers 'correct' techniques.

- Scores are number of fingers shown, with wrists crossed for half a point.

**CENTRE JUDGE'S RESPONSIBILITIES:**

- Ensure competitors all line up to bow to the judges at the beginning.
- At end of each performance have competitor and attacker turn around, then say "judges", at which time all judges cross forearms, and then say "call!" and all raise hands for scores at the same time.
- Make sure the timekeeper calls out the correct scores.
- A judge should bow out when their own student is up.
- After all competitors have performed, verify the totals on the timekeeper's sheet.
- In the event of a tie, have tied competitors do their routine again individually. For higher belts, can request they do a simple release to facilitate judging differences in abilities. If still tied, the centre judge shall decide.
- At end, line up the competitors, announce the three winners and present the trophies in the ring. Bow out.
- Send timekeeper with score sheet to head table for announcement of winners.
- In the event of a dispute the Tournament Director will have the final decision.